



**INSTRUCTIONAL HOURS: 1.5**

**RECOMMENDED PRE-REQUISITE(S): N/A**

**CO-REQUISITES: N/A**

**APPROVED FOR USE IN ACADEMIC SEMESTERS: 2013-2014**

**COURSE DESCRIPTION:**

The soothing power of Indian Classical music is well-established. It has a unique link to our emotions, so can be an extremely effective stress management tool. As music captures our attention, it acts as a distraction and by doing so can help explore emotions. Learn several ragas, which are based on Indian Classical Music. Doing so can be a great aid to meditation. Certain music is appropriate for meditation as it can help the mind slow down and initiate the relaxation response and helps in the intake of oxygen in our body, which is vital for survival.

**RATIONALE:**

To learn about Indian music and how it can help you!

**COURSE DELIVERY:**

The course content will be presented through a blend of instructional methods which may include lecture, discussion, Internet, independent study, videos and hands-on activities.

**LEARNING OBJECTIVES/OUTCOMES:**

Upon successful completion of this course, the student will be able to:

- Understand the swaras of Indian Classical Music
- Proper understanding of Indian Rhythm
- In-depth knowledge of Raga Bhupali
- Enduring popular appeal, cultural value and context of Bollywood Music

**TOPICS**

- *Balam Pichkari* song from Hindi Movie *Yeh Jawaani Hai Deewani*.
- Overview of Indian classical music
- Few facts regarding Indian Raga
- Sargam Geet of raga Bhupali

**REQUIRED COURSE MATERIAL:** (to be purchased by the learner)

Not applicable.

**STUDENT EVALUATION**

The student's progress will be recorded using the following grades.

**S** - Satisfactory achievement in field /clinical placement or non-graded subject area.

**U** - Unsatisfactory achievement in field/clinical placement or non-graded subject area

**Teaching Contact**

Indrani Bhattacharjee

**Academic Manager Signature**

"Ted Newbery"

NOTICE TO ALL  
STUDENTS:

We urge you to retain this course outline for future reference. There is a charge for additional copies.